

# WIC Agency Survey

## 1. Default Section

CWA is excited to announce a new WIC initiative, Worksite Wellness: Healthy Habits at WIC. With the help of an Advisory committee, we are working to design a comprehensive wellness program that includes physical, mental and emotional well-being and helps support staff members and their families embrace a healthier lifestyle. To develop a Wellness program that is realistic and sustainable, we need your input. Thank you for taking time to complete this important survey.

Some Local Agencies may be part of a larger Parent Agency, and we would like information on your Parent Agency as well.

1. Does your Agency have organized on-site physical activity for employees? For example, exercise equipment, classes, events

	Yes	No
Parent Agency	<input type="radio"/>	<input type="radio"/>
WIC Agency	<input type="radio"/>	<input type="radio"/>
Comments (optional)		

2. Does your Agency have access to off-site physical activity facilities for employees (such as gyms, basketball courts)?

If you answered "No" to both choices, please go to Question 7.

	Yes	No
Parent Agency	<input type="radio"/>	<input type="radio"/>
WIC Agency	<input type="radio"/>	<input type="radio"/>
Comments (optional)		

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3. If yes, what kind of physical activity facilities do the employees have access to

	Parent Agency	WIC Agency
Aerobic Equipment, (such as bike, treadmill, stair climbers)	<input type="text"/>	<input type="text"/>
Strength training equipment	<input type="text"/>	<input type="text"/>
Courts/Playground	<input type="text"/>	<input type="text"/>
Other (please specify)	<div style="border: 1px solid black; height: 100px; width: 100%;"></div>	

4. When is the facility available to employees?

	Parent Agency	WIC Agency
Before work hours	<input type="text"/>	<input type="text"/>
After work hours	<input type="text"/>	<input type="text"/>
During work hours	<input type="text"/>	<input type="text"/>
Comments (optional):	<div style="border: 1px solid black; height: 100px; width: 100%;"></div>	

5. Is the facility free or discounted to employees?

	Yes	No
Parent Agency	<input type="text"/>	<input type="text"/>
WIC Agency	<input type="text"/>	<input type="text"/>
Comments (optional):	<div style="border: 1px solid black; height: 100px; width: 100%;"></div>	

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6. Can family members of employees use the facility

	Yes	No
Parent Agency	jñ	jñ
WIC Agency	jñ	jñ

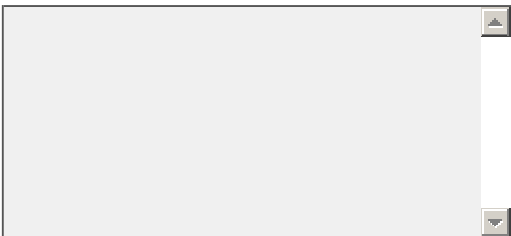
Comments (optional):



7. Does your Agency provide any incentives or rewards to employees who are physically active?

	Yes	No
Parent Agency	jñ	jñ
WIC Agency	jñ	jñ

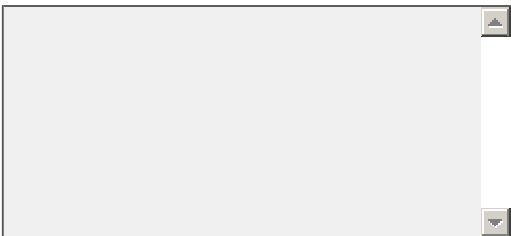
Comments (optional):



8. Does your Agency provide a health plan with discounts for health club memberships or incentives for healthy living?

	Yes	No
Parent Agency	jñ	jñ
WIC Agency	jñ	jñ

Comments (optional)



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9. Can employees in your Agency obtain food or snacks at the workplace?

If No, please go to Question 11

	Yes	No
Parent Agency	jñ	jñ
WIC Agency	jñ	jñ

Comments (optional)

10. If yes, place where food/snack offered

	Parent Agency	WIC Agency
Cafeteria	<input type="text"/>	<input type="text"/>
Vending machine,	<input type="text"/>	<input type="text"/>
Options:	<input type="text"/>	<input type="text"/>
Fresh fruits	<input type="text"/>	<input type="text"/>
Salads	<input type="text"/>	<input type="text"/>
Skim, 1% milk options	<input type="text"/>	<input type="text"/>
Caffeine-free beverages	<input type="text"/>	<input type="text"/>
Non-sugar beverages	<input type="text"/>	<input type="text"/>

Other (please specify)

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11. Does your Agency have written policies or guidelines to ensure that fruits, vegetables and salads are offered at meetings?

	Yes	No
Parent Agency	jñ	jñ
WIC Agency	jñ	jñ

Comments (optional):

12. Does your Agency offer classes/workshops or lectures for employees on stress management, work-life balance, and mental health?

	Yes	No
Parent Agency	jñ	jñ
WIC Agency	jñ	jñ

Comments (optional):

13. Does your Agency offer classes/workshops or lectures for employees on chronic disease prevention and management?

	Yes	No
Parent Agency	jñ	jñ
WIC Agency	jñ	jñ

Comments (optional)

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14. In the past 12 months, has your Agency offered any screening services for staff such as blood pressure, cholesterol/lipid profile, blood sugar or other screening?

	Yes	No
Parent Agency	jñ	jñ
WIC Agency	jñ	jñ

Comments (optional):

15. Are your employees allowed to use paid time to participate in health-related activities such as weight control programs, smoking cessation, stress management, physical activity, etc?

	Yes	No
Parent Agency	jñ	jñ
WIC Agency	jñ	jñ

Comments (optional):

16. Does your organization have a written flex time policy?

	Yes	No
Parent Agency	jñ	jñ
WIC Agency	jñ	jñ

Comments (optional):

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17. In the past 12 months, has your Agency solicited feedback from staff on the types of health programs that might be beneficial for them?

	Yes	No
Parent Agency	jñ	jñ
WIC Agency	jñ	jñ

Comments (optional):

18. Does your organization have a budget for staff wellness activities?

	Yes	No
Parent Agency	jñ	jñ
WIC Agency	jñ	jñ

Comments (optional)

19. Is there a designated person, group or committee within your Agency who is responsible for employee health activities?

	Yes	No
Parent Agency	jñ	jñ
WIC Agency	jñ	jñ

Comments (optional)

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20. Is your Agency supportive of time for staff to take off with or without pay to attend to family needs?

	Yes	No
Parent Agency	jn	jn
WIC Agency	jn	jn

Comments (optional)

21. How would you describe the attitude of your Agency's leadership towards health promotion of employees.

	Very Supportive	Somewhat Supportive	Not Very Supportive	Not at all Supportive	Not Sure
Parent Agency	jn	jn	jn	jn	jn
WIC Agency	jn	jn	jn	jn	jn

Comments (optional)

22. How many staff members work at your Agency?