

**Catch the WAVE: WIC Moves Families Forward**  
2019 CWA Spring Conference

**D R A F T A G E N D A**

<b>Preconference 1</b>	<p>Sunday 4/28, 10:00am-4:00pm</p> <p>Early childhood Nutrition and TOTTS training, Jane Heinig &amp; Katie Ferraro - 6 L-CERPs/6 CPEUs/6 CH</p> <p>WIC Innovations - National &amp; Local Agency sharing best practices - 6 L-CERPs/6 CPEUs/6 CH</p>										
<b>Preconference 2</b>	<p>Self Defense - Bobby Barzi from FODADA (6:30am)</p> <p>Tai Chi - (6:30am), Yoga - (6:30am)</p> <p>Zumba - Pauline Perez (6:00am)</p>										

<b>Wellness Activity</b>	<p>Self Defense - Bobby Barzi from FODADA (6:30am)</p> <p>Tai Chi - (6:30am), Yoga - (6:30am)</p> <p>Zumba - Pauline Perez (6:00am)</p>										
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	Monday 4/29/19	Monday 4/29/19	Monday 4/29/19	Monday 4/29/19	Tuesday 4/30/2019	Tuesday 4/30/2019	Tuesday 4/30/2019	Tuesday 4/30/2019	Wednesday 5/01/2019	Wednesday 5/01/2019	Wednesday 5/01/2019
<b>Plenary 1</b> , 9:10-10:00am	Session 1, 11:00am-12:30pm <b>90 minutes</b>	Session 2, 2:00pm-3:30pm <b>90 minutes</b>	Session 3, 4:00pm-5:00pm <b>60 minutes</b>		Session 4, 8:30am-9:30am <b>60 minutes</b>	Session 5, 11:00am-12:00pm <b>60 minutes</b>	Session 6, 2:00pm-3:30pm <b>90 minutes</b>	Session 7, 4:00pm-5:30pm <b>90 minutes</b>	<b>Plenary 2</b> - 8:15-9:15am	<b>Plenary 3</b> - 9:30-10:15am	<b>Plenary 4</b> - 11:00am-12:00pm
<b>Room Number</b>	1 CERP/1 CPEU/ 1 CH	1.5 CERPs/1.5 CPEUs/1.5 CH	1.5 CERPs/1.5 CPEUs/1.5 CH	1 CERP/1 CPEU/ 1 CH	1 CERP/1 CPEU/ 1 CH	1 CERP/1 CPEU/ 1 CH	1.5 CERPs/1.5 CPEUs/1.5 CH	1.5 CERPs/1.5 CPEUs/1.5 CH	1 CERP/1 CPEU/ 1 CH	0.5 CERP/0.5 CPEU/0.5 CH	1 -CERP/1 CPEU/ 1 CH

<b>Plenary Speakers</b>	<p>Dr. Flo Cofer - Racial Disparities in Health and Human Services</p> <p>Lorrene Ritchie, Shannon Whaley - statewide WIC survey or year 3 findings from the WIC ITFPS</p> <p>The Opioid Epidemic and how we can help our communities. Speaker TBD</p> <p>Dr. Melina Abdullah- Call to action! WIC Moves Families Forward.</p>										
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<b>Track 1 - Begin Early to Nurture Child Health</b>	<p>Reclaiming Breastfeeding in Indigenous Communities. Speaker: Camie Jay Goldhammer</p> <p>Pregnant and Vaccinated: Weaving a Safety Net. Speaker Dr. Cora Hoover</p> <p>Smoking Cessation among pregnant women and parents of young children. Speaker: Sharron Cummins, UC San Diego</p> <p>Supporting early brain development through movement and nutrition. Speaker: Florence Rivera</p> <p>Who needs spoons? The Self-Feeding Baby. Speaker: Katie Ferraro</p> <p>Collective Impact to reduce preterm births in California. Speaker Panel: PTBi, Fresno County</p> <p>Impacts of Marijuana use on fetus, and neonate. Speakers: Dr. Lisa tellwagen, Dr. Christina Chambers, UC San Diego</p>										
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<b>Track 2 - Lead &amp; Manage to Promote Wellness</b>	<p>Dig In! Using gardening to support health and wellness. Speaker: UC Master Gardeners (hands on workshop)</p> <p>Promoting diversity among lactation professionals to increase breastfeeding support for local families. Speaker: Jadah Parks Chatterjee, BS, RN, IBCLC</p> <p>Mindful Exercise: Metarobic, Healing, and the Power of Tai Chi. Speaker: TBD</p> <p>Fad Diets Debunked - let's talk nutrition. Speaker Panel: WIC Staff</p> <p>Worksite Wellness, Case Studies in Action. Speaker: Live Well San Diego</p> <p>Civility and Uncivility in the Workplace: An ethics workshop. Speaker: Dr. Jane Heinig</p> <p>Surviving Compassion Fatigue: Help for Those who Help Others. Speaker: TBD</p>										
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<b>Track 3 - Equity for All Families</b>	<p>Giving Dad's a Voice: Fostering a Father-Friendly WIC Program. Speaker Panel: Bobby Barzi/FODADA; Ruben Lopez/PHFE WIC; Wesley Hibble/Riverside WIC</p> <p>The Housing Crisis and Homelessness, how is it affecting WIC staff and Participants. Speaker: Tabashir Sadegh-Nobari, UCLA</p> <p>Lost Mothers: The Maternal Mortality Crisis in the US. Speaker: Nina Martin</p> <p>Practicing Culturally Competent Maternal Mental Health. Speaker: Dr. Sayida Peprah</p> <p>Professional/Community strategies to reducing disparities in breastfeeding among African American Women. Speaker panel: TBD</p> <p>All are welcome here: Conducting outreach in an anti-immigrant climate. Speaker: ACLU</p>										
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<b>Track 4 - Collaborate &amp; Innovate to Advance WIC</b>	<p>WIC Innovations Panel - Join us for a learning session from our partners across the nation. Speaker Panel: WIC - Arizona, Colorado, Maryland</p> <p>2020 Census Data Workshop, how we can use data to improve work outcomes. Speaker: Armando Mendoza, US Census Bureau</p> <p>Using Social Media to Outreach in Our Communities. Speaker WIC Staff</p> <p>Black Infant Health - A community outreach initiative. Speakers: Morgan Taylor &amp; Marquita Jones</p> <p>The power of storytelling: A New breastfeeding training platform. Speaker: Robbie Gonzalez-Dow</p> <p>Creating Family Friendly Workplace Policies. Speaker: Jamika Lopez, US Dept. of Labor</p> <p>Local Agency Sharing, case studies in retention - mini-grant presentations. Speaker panel: TBD</p>										
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<b>Track 5 - Welcome Change for eWIC and WIC MIS Success</b>	<p>TBD</p>										
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**Wave Catchers Trivia Night, Tuesday 4/30, 5:45-7:30pm - 2 R-CERPs/2 CPEUs**