

D R A F T A G E N D A

Sunday 4/28, 10:00am-4:00pm
 Guiding Children Back to Better Eating: A Step-wise Approach, Jane Heinig & Katie Ferraro - 6 L-CERPs/6 CPEUs/6 CH
Preconference 1
 WIC Innovations - Creating the Wave: WIC Innovations and Streamlining - National & Local Agency sharing best practices - 6 L-CERPs/6 CPEUs/6 CH
Preconference 2

Wellness Activity
 Self Defense - Bobby Barzi from FODADA (6:30am)
 Tai Chi - (6:30am), Dr Anthony Gryffin
 Zumba - Pauline Perez (6:00am)

	Monday 4/29/19	Monday 4/29/19	Monday 4/29/19	Monday 4/29/19	Tuesday 4/30/2019	Tuesday 4/30/2019	Tuesday 4/30/2019	Tuesday 4/30/2019	Wednesday 5/01/2019	Wednesday 5/01/2019	Wednesday 5/01/2019
Room Number	Plenary 1, 9:10-10:00am	Session 1, 11:00am-12:30pm 90 minutes	Session 2, 2:00pm-3:30pm 90 minutes	Session 3, 4:00pm-5:00pm 60 minutes	Session 4, 8:30am-9:30am 60 minutes	Session 5, 11:00am-12:00pm 60 minutes	Session 6, 2:00pm-3:30pm 90 minutes	Session 7, 4:00pm-5:30pm 90 minutes	Plenary 2 - 8:15-9:15am	Plenary 3 - 9:30-10:15am	Plenary 4 - 11:00am-12:00pm
	1 CERP/1 CPEU/ 1 CH	1.5 CERPs/1.5 CPEUs/1.5 CH	1.5 CERPs/1.5 CPEUs/1.5 CH	1 CERP/1 CPEU/ 1 CH	1 CERP/1 CPEU/ 1 CH	1 CERP/1 CPEU/ 1 CH	1.5 CERPs/1.5 CPEUs/1.5 CH	1.5 CERPs/1.5 CPEUs/1.5 CH	1 CERP/1 CPEU/ 1 CH	0.5 CERP/0.5 CPEU/0.5 CH	1 -CERP/1 CPEU/ 1 CH

Plenary Speakers
 Dr. Flo Cofer - Racial Disparities in Health and Human Services
 Lorrene Ritchie, Shannon Whaley - statewide WIC survey or year 3 findings from the WIC ITFPS
 Equity & Access, a panel discussion.
 Call to action! WIC Moves Families Forward

Track 1 - Begin Early to Nurture Child Health
 Reclaiming Breastfeeding in Indigenous Communities. Speaker: Camie Jay Goldhammer
 Pregnant and Vaccinated: Weaving a Safety Net. Speaker Dr. Cora Hoover
 Supporting early brain development through movement and nutrition. Speaker: Florence Rivera
 Smoking Cessation among pregnant women and parents of young children. Speaker: Sharron Cummins, UC San Diego
 Who needs spoons? The Self-Feeding Baby. Speaker: Katie Ferraro
 Collective Impact to reduce preterm births in California. Speaker Panel: PTBI, Fresno County
 Impacts of Marijuana use on pregnancy, the fetus, and neonate. Speakers: Dr. Lisa Stellwagen, Dr. Christina Chambers, UC San Diego

Track 2 - Lead & Manage to Promote Wellness
 Dig In! Using gardening to support health and wellness. Speaker: UC Master Gardeners (hands on workshop)
 Promoting diversity among lactation professionals to increase breastfeeding support for local families. Speaker: Jadah Parks Chatterjee, BS, RN, IBCLC
 Fad Diets Debunked - let's talk nutrition. Speaker Panel: WIC Staff
 Mindful Exercise: Metabolic, Healing, and the Power of Tai Chi. Speaker: Dr. Anthony Gryffin
 Worksite Wellness, Case Studies in Action. Speaker: Live Well San Diego
 Civility and Uncivility in the Workplace: An ethics workshop. Speaker: Dr. Jane Heinig
 Surviving Compassion Fatigue: Help for Those who Help Others. Speaker: TBD

Track 3 - Equity for All Families
 Inclusivity: A workshop on implicit bias and social inequities, how they show up in our work and what to do about it. Speaker: Dr. Flojaune Cofer
 Giving Dad's a Voice: Fostering a Father-Friendly WIC Program. Speaker Panel: Bobby Barzi/FODADA; Ruben Lopez/PHEE WIC; Wesley Hibble/Riverside WIC
 Breastfeeding as a Radical Act: Reflections on Research Findings of Black Women Birthing Justice in Breastfeeding in the Black Community. Speaker: Dr. Sayida Pehrah
 Crisis Ahead: How the housing shortage and homelessness are affecting WIC staff and participants. Speaker: Tabashir Sadegh-Nobari, UCLA
 Hello my name is...Providing affirming care when screening for sexual orientation and gender identity. Speaker: The Center, San Diego
 All are welcome here: Conducting outreach in an anti-immigrant climate. Speaker: ACLU

Track 4 - Collaborate & Innovate to Advance WIC
 WIC Innovations Panel - Join us for a learning session from our partners across the nation. Speaker Panel: WIC Arizona, Colorado, Maryland
 2020 Census Data Workshop, how we can use data to improve work across the nation. Speaker: Armando Mendoza, US Census Bureau
 Using Social Media to Outreach in Our Communities. Speaker: Carrie Zavala, AZ WIC
 Empowerment-based, Group-based Interventions to Improve African American Women's Birth Outcomes. Speakers: Marquita Jones, Children's Collective
 The power of storytelling: A New breastfeeding training platform. Speaker: Robbie Gonzalez-Dow
 Creating Family Friendly Workplace Policies. Speaker: Jamika Lopez, US Dept. of Labor
 Local Agency Sharing, case studies in retention - mini-grant presentations. Speaker panel: TBD

Track 5 - Welcome Change for eWIC and WIC MIS Success
 Wave Walkthrough. Speaker: WIC, CDPH
 Wave Walkthrough. Speaker: WIC, CDPH
 Training Plan. Speaker: WIC CDPH
 Training Plan. Speaker: WIC CDPH
 Training Plan. Speaker: WIC CDPH
 A Day in the Life. Speaker: WIC, CDPH
 A Day in the Life. Speaker: WIC, CDPH

Wave Catchers Trivia Night, Tuesday 4/30, 5:45-7:30pm - 2 R-CERPs/2 CPEUs