Riverside County WIC
Worksite Wellness Nomination

Do you know a staff member you would consider to be a wellness role model? Do you know one who makes an effort to honor their mind, body and spirit? Has someone at WIC made a significant change in their life to improve their personal health? Is there a coworker who helps motivate others to do the same? Has anyone made a change in the work or home environment to support healthy habits?

The WIC Worksite Wellness Team wants to recognize the employees or groups that demonstrate a commitment to their personal wellness, as well as those around them.

This includes physical, emotional, mental, social, occupational, and intellectual well-being.

If you know someone (or a group) that fits this description, please fill out the following and return it to WIC Admin, Attn: Cheri Blucher, cblucher@rivcocha.org. Fax (951) 358-5472. The employees selected will be recognized at our quarterly in-services and in our wellness newsletter.

DUE BY Oct. 9, 2014
(Attach more sheets if necessary)

Person/Group Being Nominated:

WIC Site(s) Currently Working At:

Nominated by:

Please provide a few examples of the change(s) made [within past 3 months]:

Please explain how these changes have affected other staff at the worksite:

WIC Administration       Attn: Cheri Blucher       cblucher@rivcocha.org       FAX (951) 358-5472